

# What you will learn on our NLP Practitioner course?

## Module 3 :

### Advance NLP Practitioner patterns and language skills

- ⊗ **Submodalities, Collapse Anchors, Swish patterns:** Changing unwanted responses and behaviours.
- ⊗ **Submodalities 2:** Changing unwanted beliefs.
- ⊗ **Linguistic Presuppositions:** Use influential language exquisitely and subtly to emphasise your point
- ⊗ **Milton Model:** Using language artfully to create agreement
- ⊗ **Meta Model:** Power questions – getting to the heart of the issue, quickly.
- ⊗ **Metaphors:** Telling stories, and using analogies to by-pass disagreement and re-inforce understanding
- ⊗ **Strategies:** Understanding the way people get their results and make decisions
- ⊗ **Strategies 2:** Changing unhelpful strategies

## Module 4 :

### Advanced Personal Development and Integration Coaching

- ⊗ **Coaching practice 1:** Integrate all the course learnings to date with a 1 hour coaching session with a course participant.
- ⊗ **Parts Integration:** Resolving internal conflicts that have preventing you from reaching your true potential.
- ⊗ **Time Line interventions, two methods:** Quickly (in about 5-10 minutes), clearing pent-up negative emotions (such as anger, sadness, fear, guilt, jealousy) that have led to unhelpful responses and behaviours, and which may possibly damage your health.
- ⊗ **Time Line interventions, two methods:** Removing deep-seated limiting beliefs (such as 'I'm not good enough', or 'I don't deserve success' or 'I'm stupid') quickly (in about 5-10 minutes) which have held you back. Creating your future using time lines.
- ⊗ **Coaching practice 1:** Prove to yourself just how much you've learned by running a 2 hour coaching session with a complete stranger
- ⊗ **Practice & Ethics:** Scope of practice, ethics and being a professional NLP Practitioner.
- ⊗ Reflections and the future.

**CALL NOW TO BOOK YOUR PLACE: 04 14 630 180**

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# BECOME AN NLP PRACTITIONER



## Would you like to:

- Truly believe in yourself
- Smash through your limitations
- Motivate, lead and inspire others
- Become an expert in human interactions

This programme is the next step after our Diploma and will take your understanding of the basic principles of NLP to a deeper level, leaving you competent and confident at utilising NLP tools.

Skills practice forms a critical part of the course guidance, coaching and exercises are used at each stage to embed knowledge and provide experience of working closely with others to successfully execute the tools and techniques being taught.

Change the way you think and behave, understand what beliefs drive that behaviour. Develop tools to work at a deep level to bring about behavioural and cognitive changes for yourself and the world around you.